

June 1st- June 5th

THE RETREAT CAFE

FEATURES

MONDAY

Spud Shack- Baked
Potato Bar

TUESDAY

Verde- Taco Salad

WEDNESDAY

Happy Hen- Fried
Chicken

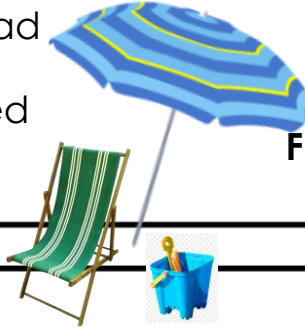
THURSDAY

Honest Bowl-
Rosemary
Chicken/Chimi
Steak

FRIDAY

Fish & Chippie

GLOBAL STATION: HENRY'S KITCHEN



MONDAY

Mediterranean
Chicken Bowl

\$8.00

TUESDAY

Thai Peanut Chicken
Wrap or Salad

\$8.00

WEDNESDAY

Pork Belly
Fried Rice Bowl

\$8.00

THURSDAY

Chicken Parmesan
Or
Eggplant Parmesan
over
Penne Pasta
Or
Fettucine Pasta

\$8.00

FRIDAY

Harvest Bowl
Herb Garlic Chicken
Or
Buffalo Cauliflower Bites

\$8.00

SOUPS

MONDAY

Broccoli with Cheese or
Minestrone

TUESDAY

Chicken Tortilla or Baked
Potato

WEDNESDAY

Specialty Soup

THURSDAY

Chicken Noodle or Beef
Barley

CONNECT WITH US

Kxdaught@sentara.com 

Please be aware that we handle and prepare egg, milk, wheat, shellfish, fish, soy, sesame, peanut and tree nut products.

menu subject to change based on availability